

# Parent Tip #3

Talk to your teen often  
about your rules for underage drinking.

21  
reasons

to prevent underage drinking.

## Tip #3: Reinforce & Enforce

Talk with your teen about your **rules and expectations**—as well as the consequences for breaking the rules. Help them to understand the reasons for the rules: rules are not meant to restrict their freedom, but to keep them safe. **Consistently enforce consequences** if rules are broken.

It is never too early — or too late — to prevent underage drinking.

